

**Collection #  
M 0382  
BV 2042**

**INDIANA DIETETIC ASSOCIATION  
RECORDS, 1937-1978**

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Processed by

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## **COLLECTION INFORMATION**

**VOLUME OF COLLECTION:** 9 manuscript boxes; 1 bound volume, 2 photograph folders

**COLLECTION DATES:** 1937-1978

**PROVENANCE:** Indiana Dietetic Association, Indianapolis, Indiana, 1982

**RESTRICTIONS:** None

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**ALTERNATE FORMATS:**

**RELATED HOLDINGS:**

**ACCESSION NUMBER:** 1982.0223; 1982.1019

**NOTES:**

## **HISTORICAL SKETCH**

The Indiana Dietetic Association (IDA) was formed on November 16, 1921 in Indianapolis. The group was organized for the purpose of bringing the work of the hospital dietician to the attention of the medical profession.

At first, the group met once a month at various hospitals in the city. These meetings were informal, with no officers except a secretary-treasurer. Speakers were physicians who discussed diet in relation to illness. The club's first venture was the Indiana Health Exposition held May 19-27, 1922.

In 1922 the need for a more formal organization was felt and in October the first officer elections were held. Mary Davis, who had been acting as Secretary-Treasurer, was elected President and Lute Troutt was elected Secretary-Treasurer.

From the beginning, expansion was a major concern. Mary Davis wrote the American Dietetic Association for information regarding a state organization. On March 24, 1923 at City Hospital, the IDA was chartered, and a constitution adopted by the following nine members: Verna Ansorge, Methodist; Leona Burkle, Methodist; Margaret Callahan, St. Vincent; Ethel Casey, City; Mary Davis, City; Margaret Marlowe, Methodist; Lute Troutt, Long; Ana Woods, City and Ann Young, Union (Terre Haute).

Early membership grew through the addition of dieticians from existing city staff, dieticians from other cities, and a training course for student dieticians. In 1924, membership included members of the field of education.

In March of 1928 the IDA became affiliated with the American Dietetic Association (ADA). The association gained national recognition when Lute Troutt was elected president of the ADA for 1935 and 1936. Along with this steadily growing membership was a steadily increasing range of interests for the organization.

Interest in community nutrition rose in the 1930's and 1940's as an affect of the depression and war. Along with this interest came the desire to help students studying dietetics through financial aid. In 1956 the first scholarship of \$50.00 was awarded to a dietetics intern. A graduate fellowship of \$500.00 in honor of Lute Troutt was awarded in 1962 and by 1964 a committee was established to award scholarships. These scholarship funds were created from money received from the rental of exhibit space at their annual spring meeting.

The IDA gained wide spread recognition when its members became politically active. They began to promote issues relating to dieticians in the Legislature and making the community aware of these issues.

The IDA published its first newsletter in 1948. By 1974 the newsletter was expanded, with 4 issues being published annually.

On October 15<sup>th</sup>, 1970, Articles of Incorporation were filed. The 1970's showed continued growth and recognition for the IDA with stronger political activity in conjunction with the ADA. The annual spring meeting has become the focus of their activities.

## SCOPE AND CONTENT NOTE

The records of the Indiana Dietetic Association (IDA) have been divided into five sections. The first section consists of the business information of the IDA. This includes information on the formation of the IDA, financial records of income and disbursements, and guidelines for program planning, committee chairmen, scholarship programs and organizations of Indiana Hospital, Institution, and Education Food Service Society districts.

The second section is of minutes and reports of the executive board, IDA/ADA Joint Show Management Committee, and regular IDA meetings. The minutes include a treasurer's report, list of members present, and committee reports for meetings from 1954 to 1978. Although the organization began in 1921, the earliest recorded minutes are found in the bound volume (BV 2042) from 1937-1963.

The third section contains information on the Association's annual Spring Meeting. Included in these files are agendas, general information sheets, correspondence concerning spring meetings and results of evaluation forms. Information on speakers, speech topics, and instructions for escorting speakers are also found in this section. Other folders include possible entertainment and meeting places, and sample registration and evaluation forms.

Publications of the IDA consist of the programs of the annual Spring Meeting, Community Nutrition Reports, and the IDA Newsletter. The newsletters contain various convention programs, officer reports, columns, and a regular feature – "Hoosier Gossip." Also included in this section are the Executive Board Manuals for 1962, 1971, and 1974.

The last section, Correspondence and Miscellaneous., contains letters to and from the IDA and ADA concerning a variety of subjects. This collection contains photographs, mainly publicity pictures of spring meeting speakers and a few candid shots.

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(VC) Photographs; undated, 1976-1979 (3 folders)	Visual Collection: Photographs, Folders 1-3