INDIANA DIETETIC ASSOCIATION
RECORDS ADDITION, 1964–2004

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Processed by
Alysha Zemanek
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Manuscript and Visual Collections Department
William Henry Smith Memorial Library
Indiana Historical Society
450 West Ohio Street
Indianapolis, IN 46202-3269

www.indianahistory.org
COLLECTION INFORMATION

VOLUME OF COLLECTION: 1 manuscript box, 3 cold storage color photo folders, 3 oversized manuscript folders, 1 photo CD

COLLECTION DATES: 1964–2004

PROVENANCE: Indiana Dietetic Association, Indianapolis, IN; 2003, 2004

RESTRICTIONS: Items listed as being in cold storage need at least four hours to acclimate, so patrons are advised to call ahead of their visit if they wish to view those items to allow for thawing time.

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ALTERNATE FORMATS:

RELATED HOLDINGS: Indiana Dietetic Association Records M 0382


NOTES:
HISTORICAL SKETCH

The Indiana Dietetic Association (IDA) was formed on November 16, 1921 in Indianapolis. The group was organized for the purpose of bringing the work of the hospital dietician to the attention of the medical profession.

At first, the group met once a month at various hospitals in the city. These meetings were informal, with no officers except a secretary-treasurer. Speakers were physicians who discussed diet in relation to illness. The club's first venture was an exhibition booth at the Indiana Health Exposition held May 19-27, 1922.

In 1922, the need for expansion and a more formal state organization was felt. In October, the first officer elections were held. Mary Davis, who had been acting as Secretary-Treasurer, was elected President. Lute Troutt was elected Secretary-Treasurer. Mary Davis wrote the American Dietetic Association for information regarding a state organization. On March 24, 1923 at City Hospital, the IDA was chartered and a constitution adopted by the following nine members: Verna Ansorge, Methodist; Leona Burkle, Methodist; Margaret Callahan, St. Vincent; Ethel Casey, City; Mary Davis, City; Margaret Marlowe, Methodist; Lute Troutt, Long; Ana Woods, City and Ann Young, Union (Terre Haute).

Early membership grew through the addition of dieticians from existing city staff, dieticians from other cities, and a training course for student dieticians. In 1924, membership included members of the field of education.

On March 12, 1929 the IDA became affiliated with the American Dietetic Association (ADA). The association gained national recognition when Lute Troutt was elected president of the ADA for 1935–1936. Along with this steadily growing membership was a steadily increasing range of interests for the organization.

Interest in community nutrition rose in the 1930’s and 1940’s as an effect of the depression and war. Along with this interest came the desire to help students studying dietetics through financial aid. In 1956, the first scholarship of $50.00 was awarded to a dietetics intern. A graduate fellowship of $500.00 in honor of Lute Troutt was awarded in 1962 and by 1964 a Scholarship and Fellowship Committee was established to award scholarships. These scholarship funds were created from money received from the rental of exhibit space at their annual spring meeting, as well as donations from and in the name of IDA members.

The IDA published its first newsletter in 1948 to keep members informed of association activities. By 1974 the newsletter was expanded, with 4 issues being published annually.

Increased membership and participation in the IDA in the 1950s also led to interest in organizing local dietetic associations. In early 1951, organizations were created in and around South Bend, Fort Wayne, and East Central Indiana. In 1957, the presidents of these local groups were invited to IDA board meetings as non-voting members. Local groups, eventually known as district associations, continued to be organized and grow in the 1960s.

On October 15th, 1970, the IDA's Articles of Incorporation were filed. The 1970s showed continued growth and recognition for the IDA with stronger political activity in conjunction with the ADA. The IDA began to promote legislative issues related to dietetics.
The association's activities in the 1980s consisted largely of annual meetings, awarding scholarships, and conducting educational workshops.

Sources:


Collection materials.

SCOPE AND CONTENT NOTE

This addition to the records of the Indiana Dietetic Association contains administrative records, assorted publications, and photos. Administrative materials include annual meeting schedules and programs, board of directors and unregistered members lists, bylaws and organization policies, correspondence, a leadership directory, a National Nutrition Month proclamation and letter, reports, meeting minutes, and strategic plan materials. Publications contained in the collection are a 2004 American Dietetic Association pamphlet, a May/June 2004 issue of the ADA Times, 1964 and 1989 editions of the IDA's History of the Indiana Dietetic Association, and assorted issues of The Hoosier Dietitian from 1981 to 2003. The collection also includes photos of board and annual meetings, events, and individual head shots as well as a CD containing digital photos.
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- **American Dietetic Association pamphlet, 2004**
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- **ADA Times, May/June 2004**
  - CONTAINER: OM 0648, Folder 1

- **Annual meetings schedule, 1973–2004**
  - CONTAINER: Box 1, Folder 2

- **Annual fall and spring meeting programs, 1985–1996**
  - CONTAINER: Box 1, Folder 3

- **Annual fall and spring meeting programs, 1997–2004**
  - CONTAINER: Box 1, Folder 4

- **Board meeting photos, January 2002**
  - CONTAINER: Cold Storage Color Photographs, Folder 1

- **Board of directors and unregistered members lists, 2002**
  - CONTAINER: Box 1, Folder 5

- **Bylaws, standing rules, and policy on conflicts of interest, ca. 2002**
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- **Correspondence, May 2003–June 2004; n.d.**
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- **Fall meeting photos, 1999**
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- **History of the Indiana Dietetic Association, 1920–1964**
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- **History of the Indiana Dietetic Association, 1920–1989**
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- **The Hoosier Dietitian, June 1987–June 1992**
  - CONTAINER: OM 0648, Folder 2

- **The Hoosier Dietitian, October 1992–Spring 1999**
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- **The Hoosier Dietitian, Fall 1999–2003**
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